

## Government Officials to Write to

### EMAIL:

- Prime Minister Justin Trudeau [justin.trudeau@parl.gc.ca](mailto:justin.trudeau@parl.gc.ca)
- Chrystia Freeland, Deputy Prime Minister, Minister of Finance [chrystia.freeland@parl.gc.ca](mailto:chrystia.freeland@parl.gc.ca)
- Steven MacKinnon, Minister of Labour & Seniors [Steven.MacKinnon@parl.gc.ca](mailto:Steven.MacKinnon@parl.gc.ca)
- [Full List of Cabinet](#) here to Contact your local MP
- Dan Levitt, BC Provincial Advocate for Seniors [info@seniorsadvocatebc.ca](mailto:info@seniorsadvocatebc.ca) or [visit their website](#)

### SNAIL MAIL:

(Name of Contact)

**House of Commons**

Ottawa, Ontario,

Canada

K1A 0A6

The Honourable \_\_\_\_\_

I am a member of Seniors Tin Cup – a movement that hopes to draw attention and improve the pensions that Canadian Seniors receive. You can find out more about us by viewing the website: [www.seniorstincup.org](http://www.seniorstincup.org) .

Too many Canadians who are seniors, are living in poverty. Some have actually lived in their vehicles – due to inability to pay high rent on their meagre pensions. Some still are in that horrible circumstance. Even those with their own housing are having a difficult time surviving in Canada these days.

We want the Canadian Pensions raised to the poverty line. That sentence alone is a sad one. This would allow seniors to live with dignity and respect. In BC, if a young person worked at a fast food restaurant full time, she would earn more than her Grandmother who was living on OAS, CPP and GIS. A Heartbreaking fact.

Please take this matter seriously. Seniors across this Country are angry to have to live with such low incomes.

Sincerely,